



Canadian Institute For Cosmetic Dental Education



[www.cicde.ca](http://www.cicde.ca)

*If Better is possible, then Good is not enough.*

# CICDE Course Description

## Part 1

- 1. January 28 – 29: PRINCIPLES OF COSMETIC DENTISTRY**  
Smile Design, Anti Aging, Facial Cosmetics, Minimally Invasive approach.
- 2. February 19 – 20: COLOUR AND DISCOLOURATION**  
Diagnosis, management and treatment of tooth discolorations, bleaching and shade-taking.
- 3. March 12 – 13: DIAGNOSTIC RECORDS**  
The New Patient Experience, the diagnostic records you need for a cosmetic examination, Digital Dental Photography in a simple, easy-to-use approach.
- 4. April 2 – 3: PRINCIPLES OF OCCLUSION**  
Take the confusion out of Occlusion! Everyday principles that you will use daily, how to manage TMD and how to build a long lasting restorative solution with your occlusal scheme.
- 5. April 23 – 24: PERIO-RESTORATIVE CONNECTION**  
Aesthetics is highly dependent on periodontal health and tissue management. Learn the principles, the simple surgical techniques and learn how to use Lasers to the greatest advantage.
- 6. May 14 – 15: ANTERIOR RESTORATIVE**  
Indirect Restorations including crowns, veneers and Direct Restorations using simple yet effective cosmetic techniques and how to combine all the modalities.

## Part 2

- 7. June 4 – 5: POSTERIOR RESTORATIVE**  
Indirect Restorations including crowns, inlays and onlays. Direct Restorations using new composite technologies. Why, when and how.
- 8. Date to be announced: COMPLEX SITUATIONS**  
Comprehensive diagnosis, treatment planning and restorative techniques for those hard-to-handle situations such as the worn dentition.
- 9. Date to be announced: MISSING TEETH AND IMPLANTS**  
How to handle the missing tooth, from management before and during extraction to replacement modalities in the most comprehensive and aesthetic manner – from dentures to minimally invasive bridges to implants.
- 10. Date to be announced: PRACTICE MANAGEMENT – TEAM INCLUDED**  
Bring your team to this 2-day event to discuss office systems and the role of each member of your team, complete with hands-on, role playing and how to customize your own office manual.
- 11. Date to be announced: COMPREHENSIVE TEAM APPROACH**  
The team approach, building your team internally and externally, team meetings and the role of the Lab Technician in the Cosmetic Practice. Communication is key!
- 12. Date to be announced: MARKETING**  
Marketing your practice in tough economic times, internal marketing ideas and external marketing strategies. Putting it all together and Graduation Ceremonies!